

Would you like to learn how to play football? Are you aged between 10 and 24? If yes please come to Embrace UK Community Support Centre and register your interest. Enrolments have started. Classes starting in June 2016. Your footy adventure starts here, at EMBRACEUK.

FOOTBALL SKILLS COURSE



Embrace UK,
Selby Centre
Selby Road
London N17 8JL

Please contact Alice on:
Tel: 020 8275 45 37
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Embrace UK
Community Support Centre

You can bring your own kits or you can use ours
We are looking for motivated young people looking for fun. All abilities are welcome! We will focus on:

- Technical skills (passing, dribbling and manipulating the ball)
- Tactical skills (defending, attacking, decision making, game awareness)
- Physical skills (co-ordination, balance, speed, agility)
- Mental skills (mind set, perseverance, focus, discipline, determination)

Courses are taught in a fun learning environment. Come along to have fun and make friends
SEE U THERE!